## Time Log

for the week of $\qquad$ - $\qquad$

|  | Sunday__ | Monday__ | Tuesday__ | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 6:00 a.m. |  |  |  |  |  |  |  |
| 7:00 a.m. |  |  |  |  |  |  |  |
| 8:00 a.m. |  |  |  |  |  |  |  |
| 9:00 a.m. |  |  |  |  |  |  |  |
| 10:00 a.m. |  |  |  |  |  |  |  |
| 11:00 a.m. |  |  |  |  |  |  |  |
| Noon |  |  |  |  |  |  |  |
| 1:00 p.m. |  |  |  |  |  |  |  |
| 2:00 p.m. |  |  |  |  |  |  |  |
| 3:00 p.m. |  |  |  |  |  |  |  |
| 4:00 p.m. |  |  |  |  |  |  |  |
| 5:00 p.m. |  |  |  |  |  |  |  |
| 6:00 p.m. |  |  |  |  |  |  |  |
| 7:00 p.m. |  |  |  |  |  |  |  |
| 8:00 p.m. |  |  |  |  |  |  |  |
| 9:00 p.m. |  |  |  |  |  |  |  |
| $\begin{gathered} \text { 10:00 } \\ \text { p.m. } \end{gathered}$ |  |  |  |  |  |  |  |
| $\begin{gathered} 11: 00 \\ \text { p.m. } \end{gathered}$ |  |  |  |  |  |  |  |
| Midnight |  |  |  |  |  |  |  |

## Add It Up

|  | Sunday | Monday | Tuesday | Wednes | Thursday | Friday | Saturday | Totals |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Sleep |  |  |  |  |  |  |  |  |
| Eat |  |  |  |  |  |  |  |  |
| Class |  |  |  |  |  |  |  |  |
| Study/HW |  |  |  |  |  |  |  |  |
| Work |  |  |  |  |  |  |  |  |
| Church/Chapel |  |  |  |  |  |  |  |  |
| Devotions |  |  |  |  |  |  |  |  |
| Personal Time |  |  |  |  |  |  |  |  |
| Fun |  |  |  |  |  |  |  |  |
| Other |  |  |  |  |  |  |  |  |
| Totals |  |  |  |  |  |  |  |  |

